

Hughson & Waterford Family Resource Centers (Sierra Vista Child and Family Services)

Hughson Family Resource Center

(209) 883-2027

6940 Hughson Ave.

Hughson, CA 95326

Waterford Family Resource Center

(209) 874-8450

12617 Bentley St.

Waterford, CA 95386

The Hughson and Waterford Family Resource Centers provide community services and programs to those in need. The programs provided are:

- **Family Support Program:** The FRC provides assistance to families by linking them into resources in the community. Medical and CalFresh applications assistance is also provided.
- **Parent Education Programs:** Parenting classes are held through Zoom on Mondays at 10:00 am
- **Health Education & Outreach:** The FRC provides outreach presentations to the community and participates in outreach events.
- **Family Literacy and School Readiness:** Kids Adventure time group for ages 3-5 can participate in the Zoom presentation on Fridays at 10:00 am
- **Healthy Birth Outcomes Program:** Moms that are pregnant or have a child that is one year of age and younger can meet through Zoom on Tuesdays at 9:30 am
- **Mental Health Services:** Counseling for individuals and wellness groups are available. Wellness support group meets on Zoom every Wednesday at 10:00 am
- **Family Time Events:** There are fun afternoons focused on games and activities for the whole family. These sessions meet on Zoom every 2nd and 4th Thursday of the month at 3:30 pm

- **Promotoras Program:** Promotoras work with the community to increase mental health knowledge and community members wellbeing. Classes are facilitated through Zoom. Classes include Art, nutrition and crafts. Call for dates and times.
- **COVID-19 Assistance:** The centers are providing assistance to families who have tested positive for COVID-19. The centers can provide financial assistance, food, cleaning supplies and hygiene supplies if the family is eligible.